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MONOLOGUE BREAKDOWN WORKSHEET

Breaking Down Your Monologue is a powerful way for you to gain insight and understanding of your character's objective, actions, choices and beats.

Use this worksheet as a reference to spark your imagination to get you thinking about the fundamentals of your monologue work.

What To Consider:

Objective	What does your character truly want?
Beat	A change in your character's behavior.
Moment Before	What happens before you speak your first line?
Moment After	What happens after you say your last line?

What is My Character's Objective?

Example: My objective in this monologue is to get Sarah to trust me.

MONOLOGUE SCORE SAMPLE

BRIANNA: (to guilt) I'm not so sure that you truly care about me. I am your sister and you treat me like trash. I only want us to be friends. Why? Why can't we get along and be close? Don't you want to have---(to scold) the faces you make. Do you see? You don't really give a damn. I don't know why I even bother trying! (to warn) If you don't care about me being in your life than I'm going to stop trying. I don't need the abuse and the hurt you cause in me.

It is a lot of fun to score your script because like a composer, you get to try out different pieces of music (actions) for your instrument (you) and observe what chord strikes your heart as the most honest sound.

ACTION VERBS YOU MAY CONSIDER USING

Plea	Encourage	Damage	Criticize
Bargain	Penalize	Antagonize	Reprimand
Threaten	Coax	Bribe	Patronize
Comfort	Entangle	Manipulate	Warn
Bully	Consider	Torment	Implicate
Caress	Hassle	Support	Lure
Charm	Indulge	Provoke	Judge
Destroy	Frustrate	Study	Lecture
Humor	Dishearten	Tease	Bluff
Evade	Hypnotize	Vindicate	Conceal